

# Finding the dentist of your choice is easy



[www.premera.com](http://www.premera.com)

## **Search for a dental provider online**

You'll find a national directory of network dental providers online at [www.premera.com](http://www.premera.com).

To begin your search, click on the "Find a Doctor" link in the gray bar at the top of the screen. In the Visitor Box, click on "Search for dental providers."

A new window will open up and you'll see the "I'm looking for" light blue toolbar at the top. Type in **dentist** and a drop-down menu will allow you to select the type of dentist you are looking for.

Next, type in your location by city or zip code (for example: Spokane, WA or 99201).

Finally select "**Dental Choice (Not CoPay)**" from the drop-down menu as your dental network, and then click on the "Search" button.

## **Search for a dental provider by phone**

If you don't have internet access, you can call our Customer Service department to find a network dental provider. The phone number is located on the back of your ID card.

For questions, please call Customer Service between 8:00 am. – 5:00 pm. (PST) weekdays.

We're here. We're with **YOU**